

## PSYCHOLOGY E-INTERNSHIP 2021

### Psycho-oncology

22nd Feb- 26th March, 2021

Cancer affects various dimensions of a person's life from physical, to mental, spiritual, social & financial aspects. This may directly & indirectly impact cancer treatment. Psycho-oncology helps with various such psycho-social concerns, from body image, fear of death, fear of relapse, fear of passing it to family members & many more.



# PSYTARA

### Contact:

Email id: [info@psytara.com](mailto:info@psytara.com)  
Website: [www.psy tara.com](http://www.psy tara.com)  
Instagram: [@psytara](https://www.instagram.com/psytara)

Register now: [www.psy tara.com](http://www.psy tara.com)

## About PSYTARA

Foster quality mental health professionals vis-à-vis introducing super specialised fields of psychology & contemporary therapeutic practices.

## Sessions Schedule

- Feb 22: Orientation & Introduction to psycho-oncology
- Feb 24: Understanding cancer biology
- Feb 26: Types of cancers
- March 1: Cancer screening & prevention
- March 3- Psycho-social concerns in cancer
- March 5 & 8: Cancer site-wise psychosocial concerns
- March 10: Pediatrics & AYA cancers
- March 12: Palliative & Hospice Care
- March 15: Covid & Cancer
- March 18: Working with families
- March 19 & 22: Psychotherapies
- March 24: Case discussion & panel discussion
- March 26: Road Ahead & Valedictory

## Knowledge exchange:

- For professionals (working & non-working)- INR 2200/-
- Students (voluntary internship)- INR 2000/-
- Students (college internship, letter/email from college required)- INR 1800/-

## #MeetTheMentor



**Ms Anamika Pandey**

Psycho-Oncologist  
Sarvodaya Hospital

Anamika is a practicing psycho-oncologist (MPhil Psycho-oncology) in a reputed hospital in Delhi NCR. She is well trained in distress management, BMT screening & counseling, operative care, chemo & radiation-related psychological concerns, Individual & family psychological care, dignity & bereavement counseling, palliative care counseling & supportive group therapy.

Know more about Anamika at: <https://sarvodayahospital.com>

## Internship Details

- This is a fixed block internship (no batches) starting 22nd Feb 2021.
- 15 Sessions of 2 hours every Monday, Wednesday & Friday post 6.30 pm IST.
- Sessions will be conducted in English.
- Weekly assignments will be provided.
- Total hours of experience this internship will account for is 100 hrs.
- It is a live online internship conducted over zoom.
- e-Certificates will be provided on successful completion of the internship with 80% attendance & submissions of all assignments.
- College evaluation will be provided (if applicable).

Register now: [www.psy tara.com](http://www.psy tara.com)